

Backyard Swimming Pool Safety Tips

If there is water, children will be attracted to it. Always supervise children!

SWIMMING POOL CHECKLIST:

Is the pool fenced?	
Is the fence around your pool at least 1.8 m high?	
Is the gate self closing and self latching?	
Have you brought everything to the pool area so you do not have to return to the house and leave the children unattended?	
Have you enrolled your children in swimming lessons? This will give them more confidence in the water?	
Have any family members undertaken a Resuscitation course?	

Visit your local municipalities website to view rules and regulations specific to your backyard pool safety.

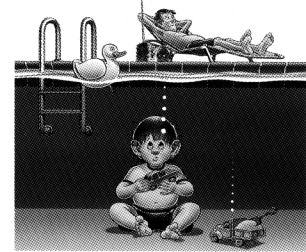


LIFESAVING SOCIETY®
The Lifeguarding Experts

For further information on how to enroll in a Lifesaving Society Swim or First Aid course contact us at:

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Summer in Canada is synonymous with water play and unfortunately that can spell disaster. Almost 500 Canadians die every year in water related incidents. Victims less than five years of age have an extremely high risk of drowning and are usually unsupervised when drownings occur. Parents should keep children under five within arms reach at all times.



BE WATER SMART.
TODDLERS REQUIRE ADULT SUPERVISION.

Do you know where your children are?

- 42% of all private pool drownings were of children between the ages of 0-12.
- 51% of all drowning victims were not being supervised. Of these victims 82% were between the ages of 0-12.
- 30% of all victims drowned when there was a momentary absence of supervision.

Statistics based on Lifesaving Society 10 year trend data.

Make these your family rules:

- No one swims alone—always swimming with a buddy.
- Designate a permanent backyard pool lifeguard!
- Make sure everyone can meet the Swim to Survive standards for swimming which any parent, teacher or swim instructor can swim.
- Children should use lifejackets and PFDs just in case you are momentarily distracted.

Backyard pool safety tips:

- Stay within arms reach of children—don't leave children unsupervised as drowning can occur in as little as 10 seconds.
- Restrict access to backyard pool and ensure there is a lockable gate and fence around the entire perimeter of the pool.
- Make sure children are wearing approved lifejackets or PFD's when playing near water.
- Establish rules that children must follow when near water.
- Closely supervise children with inflatable toys.
- Drain backyard wading pools and empty buckets of water when not in use.
- Get trained enroll in a lifesaving society swimming and first aid training course.
- Beware of pool covers. Using a pool cover will not prevent someone from falling into the pool and makes it difficult to see if anyone is underneath.