



LIFESAVING SOCIETY
The Lifeguarding Experts

CPR Skills Checklist

July 2006 Version

✓ Satisfactory Performance F Fail

Sex M F

Name

Address

Postal code

City

Email

Telephone

Date of Birth	Adult CPR	Obstructed Airways (Conscious Adult)	Obstructed Airways (Unconscious Adult)	Child CPR	Obstructed Airways (Conscious Child)	Obstructed Airways (Unconscious Child)	Infant CPR	Obstructed Airways (Conscious Infant)	Obstructed Airways (Unconscious Infant)	Two Rescuer CPR	Result
Y/M/D	1	3	5	1	3	5	1	4	5	2	

Instructions to the Lifesaving CPR Instructor: Each skill must be evaluated to the standard set out by the Lifesaving Society. Consult with the Lifesaving CPR Award Guide or Bronze Cross Award Guide for the acceptable standard. Fill out the CPR Checklist in its entirety and return the form to the candidate.

Instructions to the Candidate: After your skills have been evaluated, send the CPR Checklist along with any other required forms to the Lifesaving Society Office for processing.

Checklist Information

Checklist Date: _____

MM DD

()

Facility

Telephone

Lifesaving CPR Instructor

Instructor

ID#

Email

()

Telephone

Signature