



LIFESAVING SOCIETY®

The Lifeguarding Experts

CPR & AED Skills Checklist

December 2011 Version

✓ Satisfactory Performance **F** Fail

Date of Birth

Y/M/D

| | | | | |
|---------|------|-----|-------------|---|
| 1 | Name | Sex | M | F |
| Address | | | | |
| City | | | Postal code | |
| E-mail | | | Telephone | |

| AED Knowledge | Adult CPR & AED | Obstructed Airways (Conscious Adult) | Obstructed Airways (Unconscious Adult) | Child CPR & AED | Obstructed Airways (Conscious Child) | Obstructed Airways (Unconscious Child) | Infant CPR & AED | Obstructed Airways (Conscious Infant) | Obstructed Airways (Unconscious Infant) | Two Rescuer CPR & AED | Result |
|---------------|-----------------|--------------------------------------|--|-----------------|--------------------------------------|--|------------------|---------------------------------------|---|-----------------------|--------|
| 0 | 1 | 3 | 5 | 1 | 3 | 5 | 1 | 4 | 5 | 2 | |

Instructions to the Lifesaving CPR Instructor: Each skill must be evaluated to the standard set out by the Lifesaving Society. Consult with the Lifesaving CPR Award Guide for the acceptable standard. Fill out the CPR Checklist in its entirety and return the form to the candidate.

Instructions to the Candidate: After your skills have been evaluated, send the CPR Checklist along with any other required forms to the Lifesaving Society Office for processing.

Checklist Information

YY MM DD

Facility

Lifesaving CPR Instructor

Instructor

ID#

Email

(_____) _____
Telephone

Signature