

LIFESAVING INSTRUCTOR RECERTIFICATION

GIVE YOURSELF CREDIT!

WHAT'S IT ALL ABOUT?

The Lifesaving Society's Leadership Recertification Credit System applies to all of the Society's Instructors and Examiners: Swim, Lifesaving, Boat Operator Accredited Training, First Aid, Automated External Defibrillation, Advanced First Aid and National Lifeguard.

The system is designed to recognize individual needs and interests by encouraging instructor to learn and improve through continuing education and professional development.

USE YOUR CREDIT FORM

The Credit form has been designed to accommodate the recertification of any or all Lifesaving Society Instructor and their respective Examiner certifications. Swim Instructor, Lifesaving Instructor, Boat Rescue Instructor, First Aid Instructor, AED Instructor, NLS Instructor, Advanced First Aid Instructor.

Credit forms are given to new Instructors on their original Instructor course and are mailed to all Instructors and Examiners when they recertify. Credit forms are available from the branch office and online as a download at www.lifesavingnl.ca. These cards are validated by the person teaching or evaluating the course or training program. Credit forms are valid only when signed and dated in this manner. If lost, replacements are easy to come by. But if a validated credit form is lost, it is your responsibility to have a replacement re-validated.

LIFEGUARDING STATUS

Although it is not required, the Lifesaving Society recommends that all Instructors hold and maintain current lifeguarding status as defined by the Public Pool Regulations, Newfoundland and Labrador.

HOW DO I PARTICIPATE?

1. At your convenience, over the two-year recertification period, accumulate three credits by participating in your choice of courses and training programs. Credits may be selected either directly from the Credit List or by having a specific course assigned credit value by the Lifesaving Society.

Lifesaving and Swim Instructors may select their credits from any course contained on the Credit List. Boat Rescue, BOAT, First Aid, AED and NLS Instructors must select their credits from only those courses marked with an asterisk (*).

Examiners must select at least one credit from those items marked with an asterisk. Instructor Trainers must have taught an Instructor course.

2. Make sure your credit is validated (signed and dated) and send it to the Branch office with your recertification fee.

Examiners recertifying their Lifesaving Society Instructor certification at the same time, will be reappointed as an Examiner at no charge. Those Examiners wishing to renew their Examiners appointment separately, will be charged a fee of \$20.00.

3. You will receive a new Instructor card(s), valid for another two years, along with a blank Credit form.

CAN I SAVE EXTRA CREDITS FOR NEXT TIME?

No. Credits are valid for a two-year period only. If, for example, you take your NLS award in August 2010, you must collect your other credits by August 2012. Otherwise, the credit for the NLS award will have expired and you would be obliged to get another current credit.

NOT ON THE LIST? APPLY.

If the course you want or the training you are taking will better prepare you to teach and/or is technically related to the Lifesaving Society program, send in a completed Application for Course Credit Rating. This application can be obtained from the Branch office.

We need the starting and finishing dates, the teachers' names and information on the content. In assigning a credit value, we will want to know that the course also has a recording mechanism (master sheet, test sheet, etc.) which lists names, addresses and phone numbers of participants.

The credit system has been designed to recognize the dedication of the Society's many volunteers whose efforts and contributions meet the criteria for credit and are of equal value to those listed on the credit list. These Instructors are encouraged to make application for a credit rating, detailing the volunteer services they have performed during their two year recertification period.



The Society has assigned a credit value to the courses below. The credit value and status of these courses may change as modifications are made by the organizations responsible. Because of this and because new training programs are continually being introduced, the credit list is updated from time to time. Courses and training programs which do not appear on this list may also be eligible for a credit value. In-service and pre-season training offered by employers are often given credits. For further information, see 'Not On The List? Apply' on the reverse side of this page.

Lifesaving and Swim Instructors may select their three credits from any of the courses listed below. Instructors of National Lifeguard Service (NLS) Standard First Aid, Boat Operator Accredited Training (BOAT), Automated External Defibrillation (AED), and Boat Rescue programs must collect their three credits from only those course marked with an asterisk *. Examiners must select at least one credit from those items marked with a ✓ Instructor trainers must have taught an Instructor course. **Note:** each item or recertification of each item may be applied only once every two years. Recertification of any item listed below is worth one credit.

SECTION A: 1 CREDIT EACH

LIFESAVING SOCIETY

1. ✓ Teaching one of the following complete courses: Lifesaving Society Swim program, Rookie, Ranger, Star, Bronze Star, Bronze Medallion, Bronze Cross, Emergency First Aid, CPR 'A', CPR 'B', CPR 'C' or coaching Junior Lifeguard Club.
2. Participation in a complete Bronze or high course as a candidate.
3. Lifesaving Society ESC (Examiner Standards Course) attendance
4. Lifesaving Society Instructor Trainer Course attendance
5. Lifesaving Society Bronze Medallion certification
6. *Lifesaving Society National Lifeguard Service Pool, Waterfront, Waterpark and Surf certification (1 credit for each certification)
7. *Lifesaving Society CPR-HCP or AED certification
8. *Lifesaving Society Standard First Aid certification
9. *Lifesaving Society Advanced Instructor certification
10. *Lifesaving Society BOAT (Boat Operator Accredited Training) certification
11. *Lifesaving Society Boat Rescue certification
12. * ✓ Conducting three or more examinations as an Examiner (Bronze Medallion or higher)
13. * ✓ Judge/Official at Provincial Lifeguard Championships.
14. *Competitor at Provincial Lifeguard Championships
15. * ✓ Attendance at provincial Annual General Meeting

OTHER AGENCIES

1. *Standard First Aid certification from CRCS or St. John Ambulance or Canadian Ski Patrol
2. *CPR-HCP or AED certification from CRCS or St. John Ambulance or Canadian Ski Patrol
3. *NAUI, ACUC or PADI Scuba Diver certification
4. *Canoeing or Kayaking Level I or higher certification
5. *YMCA Aquatic Fitness Leader certification
6. *YMCA Assistant Instructor or Assistant Coach certification
7. *Full attendance at provincial Aquatic Conference

SECTION B: 2 CREDITS EACH

LIFESAVING SOCIETY

24. *Teaching one of the following complete courses: Distinction, Boat Rescue, BOAT, Standard First Aid, AEC, CPR-HCP, NLS, ESC
25. *Lifesaving Society Lifesaving Instructor certification
26. *Lifesaving Society Swim Instructor certification
27. *Lifesaving Society Distinction certification
28. * ✓ Lifesaving Society Examiner appointment
29. * ✓ Lifesaving Society First Aid Instructor certification
30. * ✓ Lifesaving Society NLS Instructor certification
31. * ✓ Lifesaving Society AED Instructor certification
32. * ✓ Lifesaving Society Advanced First Aid Instructor certification
33. * ✓ Lifesaving Society BOAT Instructor certification
34. * ✓ Lifesaving Society Instructor Trainer appointment (any level)
35. *Lifesaving Society Board of Directors, Area Representation or Branch Committee member appointment (term one year)

OTHER AGENCIES

36. *CRCS Water Safety Instructor certification
37. * ✓ CRCS or St. John Ambulance First Aid Instructor certification or Canadian Ski Patrol Instructor certification
38. * ✓ CRCS Instructor Trainer appointment (any level)
39. *Synchro Instructor certification
40. *NCCP Swimming Teacher certification
41. * ✓ YMCA Swim Instructor or Coach certification
42. *YMCA Trainer appointment
43. *Basic or Level II Canoe Instructor or Kayak Instructor
44. *Sears I Can Swim Teacher certification
45. * ✓ NAUI, ACUC or PADI Scuba Instructor certification

SECTION C: 3 CREDITS EACH

LIFESAVING SOCIETY

46. * ✓ Teaching a complete Lifesaving Society Diploma Course
47. * ✓ Teaching one of the following Instructor courses: Lifesaving, Swim, Boat Rescue, BOAT, First Aid, AED, Advanced First Aid, NLS
48. *Lifesaving Society Diploma certification

