

POINT VALUES

FOR NEWFOUNDLAND & LABRADOR AFFILIATE AWARDS

Recertification is valued the same as original certifications.



Lifesaving Awards

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|----------------------------------|------------|
| Rookie / Ranger / Star | 15, 20, 25 |
| Bronze Star | 30 |
| Bronze Medallion | 40 |
| Bronze Cross | 60 |
| National Lifeguard Service Award | 75 |
| Diploma Award | 50 |
| Distinction Award | 100 |

First Aid Awards

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|------------------------|------------|
| Aquatic Emergency Care | 30 |
| Emergency First Aid | 25 |
| Standard First Aid | 35 |
| CPR A / B / C | 15, 20, 25 |
| AED | 40 |
| CPR-HCP | 30 |

Specialized Training & Water Smart education

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| BOAT | 20 |
| Swim for Life | 25 |
| Swim to Survive | 30 |
| National Drowning Prevention Week | 35 |