



LIFESAVING SOCIETY®
The Lifeguarding Experts

Newfoundland and Labrador Branch

We do more than just train lifeguards.

The Lifesaving Society is traditionally known as the lifeguarding experts, but there are more training programs and services available through the organization that you may not be aware of.

- **Swim to Survive**

Swim to Survive is a Lifesaving Society survival training program. The Society defines the minimum skills needed by all Canadians to survive an unexpected fall into deep water. These are expressed in a skill sequence in the Canadian Swim to Survive Standard:

ROLL into deep water - **TREAD** water (1 min.) - **SWIM** 50 m

- **Pleasure Craft Operator**

The Lifesaving Society is an accredited provider of Transport Canada Pleasure Craft Operator training program. This PCO certification is required by operators of motorized pleasure craft of all sizes as of September 15, 2009.

- **Aquatic Safety Management Services**

"If it is foreseeable, it is preventable" must always be the watchwords of any successful risk management program. The Lifesaving Society provides aquatic facility owners and operators with the tools necessary to identify and reduce risks to clients through safety audits, training and consultant services.

- **Expert Witness Services**

As the only recognized authority in Canada on aquatic risk management, life-saving and lifeguarding; the Society is frequently asked to provide our expertise for fatality inquiries, inquests and court cases. The Society responds to these requests in a strictly nonpartisan manner in order to further our humanitarian goal to reduce drowning and water-related injury.

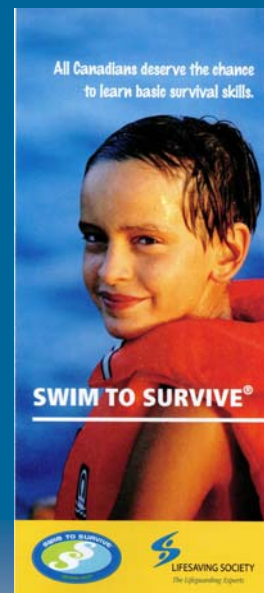
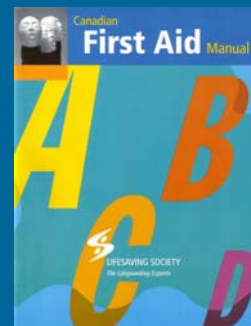
- **Standard and Emergency First Aid and CPR**

The Lifesaving Society is recognized under WHMSS (Occupational Health and Safety) and the provincial government of NL as a provider of first aid training.

All Lifesaving Society CPR training is consistent with standards established by the Heart and Stroke Foundation of Canada.

The Lifesaving Society is a charitable organization working to prevent drowning and water-related injury through our training programs, Water Smart® public education, safety management services, water-incident research and lifesaving sport.

Registered charity no: 13237 8134 RR0001



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