

## WINTER ICE SAFETY COMBO TRAINING PACK

Ice is never completely safe to travel or play on. If you do decide to venture onto an ice surface, you need to know about the factors that affect ice and to understand their influence on ice to prevent an incident from happening.

The Lifesaving Society has put together a special Winter training package including ICE: The Winter Killer and the revised Sledsmart DVD on snowmobiling over ice covered bodies of water. These valuable resources provide practical information about ice, ice safety and ice rescue. Features ice-related drowning statistics; facts

about ice, ice smart safety tips; signs and symptoms of cold shock response and hypothermia; ice rescue procedures; signs and symptoms of critical incident stress; steps to help communities promote ice safety.



Order Ice: The Winter Killer *and* the Sledsmart DVD for the special price of **\$40.00**. If purchased individually, they would cost \$56.00. You save \$16! And the price includes shipping and taxes.

Pieces may be purchased separately from our website [www.lifesavingnl.ca/sledsmart.html](http://www.lifesavingnl.ca/sledsmart.html)

To order, complete the form below and fax it to our office at 709-738-1475, telephone your order at 709-576-1953 or email us at [lifeguard@nl.rogers.com](mailto:lifeguard@nl.rogers.com).

**You may also mail your order to:**

Lifesaving Society,  
PO Box 8065, Stn. A,  
St. John's, Newfoundland, A1B 3M9  
Canada

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