

Water Smart Advice for Parents

Within Arms' Reach

Tips:

Fences: Most backyard pools are fenced along the perimeter of the yard. Ideally, another fence isolates the pool from the yard and the house. Check local bylaws concerning minimum height and other requirements.

Alarms: If an additional fence is not feasible, protect the pool area with an alarm. Never rely on alarms alone.

Gates: Ensure the gate conforms to local bylaws. The latch should be positioned well above ground level and equipped with a 2-phase opening mechanism that self locks.

Restrict Access: If you can't eliminate the water hazard, restrict access to it. Keep hot tubs covered when not in use and fence off natural or man-made bodies of water on your property.

Either fence off the hazard or fence in the child.



LIFESAVING SOCIETY®

The Lifeguarding Experts

For further information on how to enroll in a Lifesaving Society Swim or First Aid course contact us at:

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Drowning is a leading cause of preventable death for children under 10 years of age. The backyard pool is where children under 5 years are most at risk.

Most toddlers drown in backyard pools.

Their natural curiosity combined with an almost magnet attraction to water means they have a high risk of drowning anytime they're near water—natural or man-made.

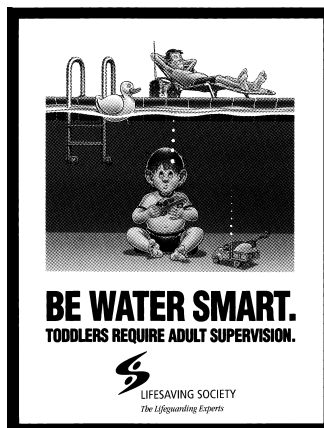


Drowning is a silent killer

Drowning victims rarely call or wave or signal for help because they can't keep their head or arms above water. Even when they manage it, inhaling air—not calling for help—is their priority.

Drowning can take as little as 10 seconds and occur in just inches of water ...in bathtubs, wading pools, wells, even buckets.

Whenever your child is near water, you should be near your child.



Drownings are preventable

Drownings involving toddlers can be prevented if parents or caregivers are within arms' reach around water.

- **Designate a backyard pool lifeguard**

An adult should supervise whenever children are using the pool. If you must be absent for a moment, designate another adult to replace you. If necessary, close the pool until someone can assume supervision duties.

- **Stay tub-side** until all the water is drained and you have removed your child from the tub.

Toddlers can easily slip below the surface and drown in inches of water in just seconds. Most bathtub drowning occur because youngsters were left alone 'just for a moment.'

- **Drain bathtubs** when they are not in use. Empty unattended wading pools and buckets of water and turn them over.

- At the beach or at the pool, if you are not in the water with them, **children who cannot swim should wear a lifejacket or personal flotation device**