

# LEADERSHIP RECERTIFICATION: GIVE YOURSELF CREDIT

## WHAT'S IT ALL ABOUT?

The Lifesaving Society's Leadership Recertification Credit System applies to all of the Society's Instructors and Examiners: Swim, Lifesaving, First Aid, and National Lifeguard.

The system is designed to recognize individual needs and interests by encouraging instructors to learn and improve through continuing education and professional development.

## CREDIT CARD

LIFESAVING SOCIETY			
<b>LEADERSHIP RECERTIFICATION CREDIT CARD</b>			
Jones	Derek	97 07 20	
Surname	Given name	Birth date (yy mm dd)	
11 Austin Street		JODY42	
Street	Apt. #	ID #	
St. John's	NL	A1B 3M9	709-576-1953
City/Town	Province	Postal code	Home phone
derek.jones@email.com	709-738-1475		
Email	Bus. phone		
Please <input checked="" type="checkbox"/> the awards you wish to recertify			
	Instructor	Examiner	Trainer
Swim	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Lifesaving	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Standard First Aid	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
National Lifeguard			
Aquatic Supervisor			
Coach			
Other			
Other			
For office use - date card(s) issued: _____			

The Credit Card has been designed to accommodate the recertification of any or all Lifesaving Society Instructor and their respective Examiner certifications: Swim Instructor, Lifesaving Instructor, Boat Rescue Instructor, First Aid Instructor, Airway Management Instructor, CPR-HCP Instructor, National Lifeguard Instructor.

The credit card form is available on our website at [www.lifesavingsociety.com](http://www.lifesavingsociety.com) under Find A Form > Training Records > Recertification.

## LIFEGUARDING STATUS

Although it is not required, the Lifesaving Society recommends that all Instructors hold and maintain current lifeguarding status.

## HOW DO I PARTICIPATE?

- 1 At your convenience, over the two-year recertification period, accumulate three credits by participating in your choice of courses, clinics, and training programs.
- 2 Lifesaving and Swim Instructors may select their credits from any course contained on the Credit List. Boat Rescue, First Aid, and National Lifeguard Instructors must select their credits from only those courses marked with an asterisk (\*). Examiners must select at least one credit from those items marked with a (✓). Instructor Trainers must have a taught an Instructor course.
- 3 Make sure your credit card form is validated (signed and dated) and send it to the Branch office with your recertification fee. If you recertify more than one Instructor, Examiner, or Trainer certification (e.g. Lifesaving Instructor, National Lifeguard Instructor and National Lifeguard Examiner) at the same time, you pay the base fee (\$37.50 in 2024) plus an additional fee (\$32.50 in 2024) for each additional award you wish to recertify to a maximum fee of \$85.00. If you choose to recertify these certifications at various times during the year, you must pay the base fee for each recertification.

You will receive your renewed certification card(s), valid for another two years.

## CAN I SAVE EXTRA CREDITS FOR NEXT TIME?

No. Credits are valid for a two-year period only. If, for example, you take your National Lifeguard award on January 1, 2023, you must collect your other credits by January 1, 2025. Otherwise, the credit from the National Lifeguard award will have expired and you would be obliged to get another current credit.



LIFESAVING SOCIETY  
*The Lifeguarding Experts*

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St. John's, Newfoundland A1B 3M9

Tel: 709 576 1953 Fax: 709 738 1475  
Web: [www.lifesavingnl.ca](http://www.lifesavingnl.ca) Email: [info@lifesavingnl.ca](mailto:info@lifesavingnl.ca)



The Society has assigned a credit value to the courses below. The credit value and status of these courses may change as modifications are made by the organizations responsible. Because of this, and because new training programs are continually being introduced, the credit list is updated from time to time.

Lifesaving and Swim Instructors, Coach and Lifesaving sport officials may select their three credits from any of the courses listed below. Instructors of all other programs must collect their three credits from only those courses marked with an asterisk \*. Examiners must select at least one credit from those items marked with a ✓. Instructor Trainers must have taught an Instructor course. Note: Each item or recertification of each item may be applied only once every two years. Recertification of any item listed below is worth one credit.

### SECTION A: 1 CREDIT EACH

#### LIFESAVING SOCIETY

1. ✓ Teaching one of the following complete courses: Lifesaving Society Swim program, Rookie, Ranger, Star, Bronze Medallion, Bronze Cross, Emergency First Aid, CPR 'A', CPR 'B', CPR 'C', or coaching Junior Lifeguard Club
2. Participation in a complete Bronze or higher course as a candidate
3. Lifesaving Society Examiner Course certification
4. Lifesaving Society Trainer Course certification
5. Lifesaving Society Bronze Medallion certification
6. Lifesaving Society Bronze Cross certification
7. \* Lifesaving Society National Lifeguard Pool, Waterfront, Waterpark and Surf certification (1 credit for each certification)
8. \* Lifesaving Society CPR-HCP certification
9. \* Lifesaving Society Standard First Aid certification
10. \* Lifesaving Society Boat Rescue certification
11. \*✓ Conducting three or more examinations as an Examiner (Bronze Medallion or higher)
12. \*✓ Judge/Official at Provincial Lifeguard Championships
13. \* Competitor at Provincial Lifeguard Championships
14. \* Attendance at the Society's provincial Annual General Meeting

#### OTHER AGENCIES

15. \*Standard First Aid certification from CRC or St. John Ambulance or Canadian Ski Patrol
16. \* CPR-HCP certification or AED certification from from CRC or St. John Ambulance or Canadian Ski Patrol
17. \* NAUI, ACUC, or PADI Scuba Diver certification
18. \* Canoeing or Kayaking Level 1 or higher certification
19. \* YMCA Assistant Instructor or Assistant Coach certification
20. \* Full attendance at a provincial Aquatic Conference

#### CREDIT RECORD

Course Examined BM x2 & BC x2 Credit value 1  
Location Ches Penney Family YMCA Date Nov. 3, 2018  
Evaluator's signature Chris Carruthers

Course Taught Bronze Star Credit value 1  
Location Town of Wabush Date July 2018  
Evaluator's signature Sam Smith

Course National Lifeguard Recert Credit value 1  
Location City of Mount Pearl Date Dec. 14, 2018  
Evaluator's signature Lucas Long

Did you remember to:  
✓ Enclose validated credit card totaling three credits

### SECTION B: 2 CREDITS EACH

#### LIFESAVING SOCIETY

21. \*✓ Teaching one of the following complete course: Distinction, Boat Rescue, Standard First Aid, CPR-HCP, National Lifeguard, Examiner Course
22. \* Lifesaving Society Lifesaving Instructor certification
23. \* Lifesaving Society Swim Instructor certification
24. \* Lifesaving Society Distinction certification
25. \*✓ Lifesaving Society Examiner appointment
26. \*✓ Lifesaving Society First Aid Instructor certification
27. \*✓ Lifesaving Society National Lifeguard Instructor certification
28. \* Lifesaving Society Airway Management Instructor certification
29. \*✓ Lifesaving Society Instructor Trainer appointment (any level)
30. \*✓ Lifesaving Society Board of Directors or Branch committee member appointment

#### OTHER AGENCIES

31. \* CRC Water Safety Instructor certification
32. \*✓ CRC or St. John Ambulance First Aid Instructor certification or Canadian Ski Patrol Instructor certification
33. \*✓ CRC Instructor Trainer appointment (any level)
34. \* Synchro Instructor certification
35. \* NCCP Swimming Teacher certification
36. \*✓ YMCA Swim Instructor or Coach certification
37. \* YMCA Trainer appointment
38. \* Basic or Level II Canoe Instructor or Kayak Instructor
39. \* I Can Swim Teacher certification
40. \*✓ NAUI, ACUC, or PADI Scuba Instructor certification

### SECTION C: 3 CREDITS EACH

#### LIFESAVING SOCIETY

41. \*✓ Teaching any Lifesaving Society Instructor or Coach course
42. \* Lifesaving Society Diploma certification
43. \* Attend an Explore Bronze Update Clinic