



Cody Dunne awarded ILS Fellowship

Dr. Cody Dunne of St. John's has been awarded the Dr. Ian Mackie Medical Fellowship by the International Life Saving Federation (ILS). The Fellowship provides for young lifesavers with a strong interest in medicine to become an active member on the ILS Medical Committee for four years during which the recipient is expected to author a medical position paper. Cody is the first Canadian recipient.

ILS made the announcement during its World Conference on Drowning Prevention in Durban in October. Cody was in attendance presenting research on the use of distance education technology to improve lifesaving training opportunities for rural communities.

Cody is the Society's Leadership Training Chair and responsible for the implementation of the Society's competency-based leadership training system. Cody is in his first year of an emergency medicine residency at the University of Calgary.

Dr. Ian Mackie was a world-renowned water safety expert and medical advisor to both Surf Life Saving Australia and the Royal Life Saving Society Australia. He was the first chair of the ILS Medical Committee and published scholarly lifesaving materials for over four decades.



Raegan becomes CEO

The Lifesaving Society Newfoundland and Labrador Board of Directors announces the appointment of Raegan Wiseman as CEO effective January 1, 2020. Raegan brought 9 years of aquatics experience and a practical understanding of the Society's community-based programming when she joined the Society in March 2017 as Member Services Manager.

Raegan worked her way through the aquatics industry from lifeguard to aquatic supervisor (she still holds a current National Lifeguard certification). Raegan represents NL on the National Management Team and on the Society's Atlantic Management Committee focused on improving services to members.

Raegan studied Occupational Health and Safety at Academy Canada. She succeeds Doug Ferguson who retires after three years as Newfoundland and Labrador's CEO.

Prices and Fees

The Society announces prices and fees one year in advance to allow for better planning and budgeting by Affiliate Members. We published 2020 prices and fees last December. The complete list of 2020 and 2021 prices and fees are posted in [Find a Form](#) on the Society's website.

2020 Literature Fees			
Canadian Lifesaving Manual	\$43.80	Anaphylaxis Rescuer	\$1.30
Canadian Lifesaving Manual with Bronze Medallion Workbook	\$45.85	CPR A, B and C	\$1.30
Alert: Lifeguarding in Action	\$43.80	Basic First Aid	\$1.30
New Instructor Manual	\$20.00	Airway Management	\$10.35
Coaching Lifesaving	\$27.80	Automated External Defibrillation	\$10.35
Examiner Handbook	\$27.80	Emergency First Aid (with CPR B)	\$10.35
Trainer Manual	\$27.80	Standard First Aid (with CPR-C) or recert	\$20.15
Canadian First Aid Manual	\$13.90	CPR-HCP	\$16.05
Canadian CPR-HCP Manual	\$11.45		
Any single Award Guide	\$19.60	Bronze Cross or recert	\$20.35
Swim Instructor Pack	\$48.70	National Lifeguard or recert	\$33.50
Lifesaving Instructor Pack	\$58.70	Lifesaving Sport Official	\$11.00
Combined Pack – Swim and Lifesaving Instructor	\$82.80	Instructor, Examiner, Trainer	\$30.00
2020 Exam Fees		Leadership recert (Each additional leadership recert at the same time \$8.75 to a maximum of \$60.00)	\$30.00
Canadian Swim Patrol (kits for class of 10)	\$15.20		
Safeguard	\$10.35		
Bronze Star	\$12.25		
Bronze Medallion	\$16.75		

Retail prices are the same for all affiliates throughout Newfoundland and Labrador and include free shipping and handling.

Office Holiday Hours

Happy Holidays! The office will close December 23, 2019 thru January 5, 2020. We will check voicemail and email periodically. Please leave a message or email info@lifesavingnl.ca. We reopen January 6, 2020.

Join us at our AGM

The Lifesaving Society Newfoundland and Labrador Annual General Meeting will take place at City Hall in the City of St. John's, Saturday, April 4, 2020. Join us for a reception at noon followed by the AGM at 1 p.m. Members and friends of the Society including instructors, examiners and affiliate representatives are cordially invited to attend.

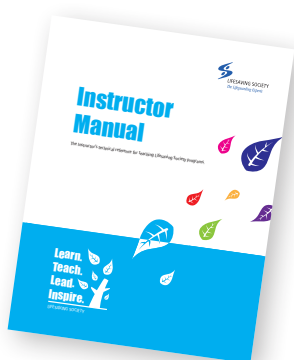
NEW – Lifesaving Society Instructor Manual

Out with the old, in with the new! The new *Instructor Manual* provides instructors with the essentials needed to successfully teach, coach and evaluate Lifesaving Society programs. Used with award guides, the *Instructor Manual* (which replaces *Instructor Notes*) is the required text on all instructor courses. Care has been taken to emphasize the practical application of teaching and learning principles. Use it to deliver and evaluate any award with confidence.

Note to Instructor Trainers

As of January 1, 2020, candidates will receive the new Instructor Manual in Swim Instructor Packs and Lifesaving Instructor Packs. You need to buy a copy, read it and reference it while teaching.

The new Instructor Manual is 108 pages, coil-bound and in full-colour. Price: \$20.00. [Buy your copy today from lifesavingnl.ca](http://lifesavingnl.ca).



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- Price: \$84.84. Product Code: 42.7400.00

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LifeguardDepot.com is the online store of the Lifesaving Society. All proceeds from LifeguardDepot.com support drowning prevention and the development of young leaders through lifesaving sport.

The Lifesaving Society is a national, volunteer organization and registered charity working to prevent drowning and water-related injury. Annually, over 1,000,000 Canadians participate in the Society's swimming, lifesaving, lifeguard and leadership training programs. The Society sets the standard for aquatic safety in Canada and certifies Canada's National Lifeguards.